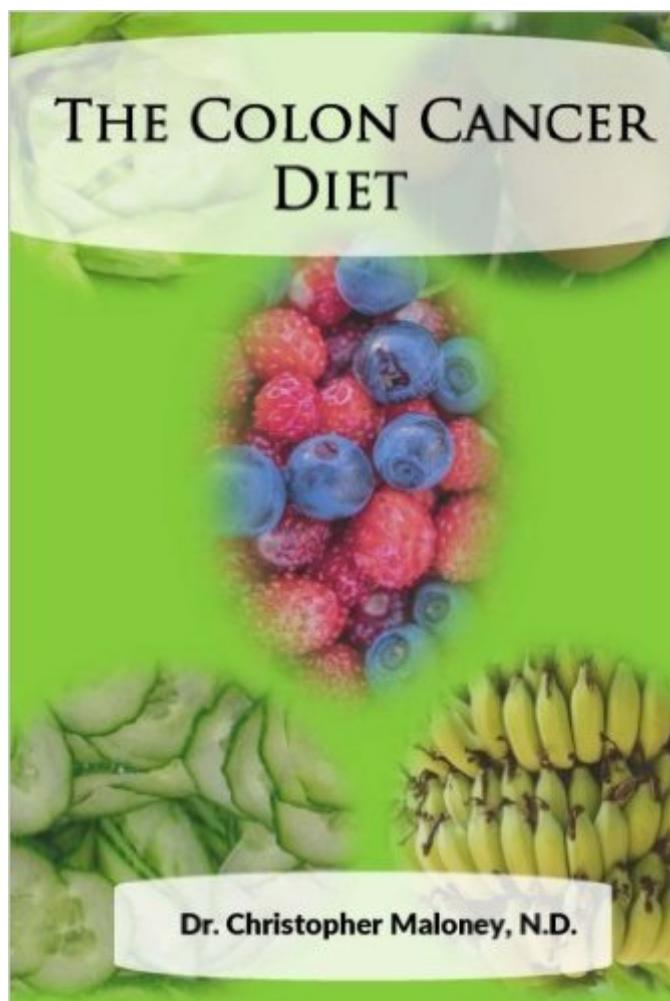


The book was found

The Colon Cancer Diet



Synopsis

Do you or a loved one have a diagnosis of colon cancer? Did you know that changing your diet could lower your risk of dying of it even after you've been diagnosed? When you finish this book I want you to be able to tell me, in one minute or less, how you should eat, exercise, and supplement to lower your risk of dying of colon cancer after you've been diagnosed with it. If you can do that, please tell me and everyone else in a book review and on my website. When I was diagnosed with colon cancer I went looking for information on what I could do and no one had the answers I wanted. I found the best answers available in the medical literature. It helps that I trained as a Naturopathic Doctor before my diagnosis. I know a fair amount about both natural and conventional alternatives. And I can read medicalese so you don't have to. It's terrible to be where we are. But we have choices, and this book is my way of giving us direction and hope.

Book Information

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Best Sellers Rank: #130,664 in Books (See Top 100 in Books) #3 inÂ Books > Health, Fitness & Dieting > Diseases & Physical Ailments > Cancer > Colorectal

Customer Reviews

This book was very informative and helped me tremendously. I felt better to know that he understood my situation on a personal level. The book was a quick read but a continual reference to go to for more help. So glad I purchased it.

Honestly, I haven't read this book yet, I just ordered it today, but I am so excited to read a book that is written by someone who is dealing with colon cancer. My husband was diagnosed with colon cancer two years ago, went through a resection surgery and his diet is not what it used to be. I have learned a lot about his new diet and what he can or cannot tolerate through trial and error. Thank you for taking the time to write this book, I look forward to reading it!

If a book related to cancer could possibly be called fun to read, this is the one. It is simply and concisely easy to understand, authentically honest, and forthright. With wit and humor Dr. Maloney encourages us all to easily remember the overall concepts for making basic healthy changes/choices every chronic disease sufferer/avoider should embrace while also light-heartedly revealing the latest research.

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